

## Transitions From October



CE, Transportation, & Persco troops received a “Welcome Home” as they returned from their mission to provide relief to victims of Hurricane Katrina



Lt. Cols. VanHavel (left) and Latta (right) receive a different type of “Welcome Home” after they returned from their “fini flights”

# Commander's Comments . . .

Wow! What a ride! It never ceases to amaze me at how much this Wing and its members have been put through, and yet, has the resiliency to bounce back and keep on moving forward. Despite BRAC, you pressed on and passed one of the most demanding Operational Readiness Inspections I have experienced in my almost 30 year career in the Air Force. While recovering from this higher-headquarters inspection, you once again answered the call as the 110<sup>th</sup> went from post-ORI recovery to a well-oiled Hurricane support team both sending members to Mississippi and Louisiana to help with rescue and clean-up and at home-plate assisting with the reception and processing of over 300 evacuees that came to Michigan to seek "shelter from the storm." As we approach the holidays, I would encourage each and every one of you, along with your families to take a moment and reflect upon the accomplishments that you have been a part of. Despite adversity, you continue to excel.

As we cruise into the last months of 2005, the post BRAC picture is becoming a little bit clearer. As such, I would like to take a few moments to update all of you on where we, the 110<sup>th</sup>, now stand and what our future may hold. As I write this letter, the Guard Bureau is collecting inputs from all states pertaining to which future missions each state would like to pursue. Future missions range from new flying missions such as Predator or F-15 Air Superiority Alert missions to Red Horse Civil Engineering units and other non-flying missions. The goal of the Bureau is to distribute most, if not all, future missions by 1 December. For the near term, and in accordance with some of the "iron flow" projections I have seen, no A-10s should be moving from Battle Creek until FY 09, if at all. That gives our future



forces working groups over three years in which to design and implement future mission options. However, it is the desire of our current leadership in Lansing to keep flying missions at both Battle Creek as well as Selfridge, and both Maj. Gen. Cutler and Brig. Gen. Heaton have actively engaged the Bureau to keep A-10s at Battle Creek as well as to stand up A-10s at Selfridge. Confused? There is one thing that is a certainty, and that is, due to the efforts of many solid 110<sup>th</sup> supporters, there will be a Guard

presence at the WK Kellogg airfield for now and into the near future. What it will look like is still in the works.

As we approach the holiday season, let us remember our 110<sup>th</sup> members that are deployed around the world in defense of this great nation. Let's also remember their families as well as all fellow servicemen and women who are standing guard around the world in the war on terrorism.

Also with the approach of the holidays, it is time to mark your calendars for the upcoming 110<sup>th</sup> Fighter Wing Family Day and Holiday Party. Both events will occur on the December 3 at the Kellogg Arena. I hope that you and your family will join us. If you have any questions pertaining to either of these events, please contact Robin Berry in the Family Support Office or your First Sergeant.

As always, thanks for your hard work, sacrifices, and dedication to duty. Because of you and your families, the 110<sup>th</sup> has been and will continue to be one of the finest fighter units in the USAF. Look forward to seeing you at drill.

## Family Day/Holiday Party Saturday, Dec. 3, 3 p.m. Kellogg Arena

◆ **Games, activities, dinner, & entertainment for all**

◆ **Tickets available Nov. UTA from your First Sgt. or at the Dining Hall (tickets required)**

◆ **Free Childcare available after dinner until 10 p.m. for children 12 & under**

◆ **More details available at Drill**

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# Cereal City Corporate Cup

by Lt. Col. Donna Kowalski

The Battle Creek Family Y Center held its 19<sup>th</sup> annual Cereal City Corporate Cup competition 15-17 Sep, and the 110<sup>th</sup> Fighter Wing proudly competed in all events, side-by-side with 32 other area businesses. This three-day event covered numerous sports including volleyball, golf (closest to the pin), tennis, swimming, runs and walks, tug of war, basketball (two ball shoot out), biking, a banner contest, spirit contest, and the Parade of Athletes. Our 50 member team consisted of full-time and traditional guard members from across the base – men and women, young and not so young, athletes and non-athletes – who came together as a team for some good old fashioned, friendly competition and fun. Overall, the 110 FW placed fourth in our division of 11 teams (381 points)! First place went to the

Federal Center (453 points); second and third place (400 and 392 points) were Kellogg teams (they had four teams in the competition). We took first, second, and third place in a number of events, all earning us plaques.

We earned participation points in all corporate cup events and placing points in several events, in addition to those listed above. Congratulations to the entire team and a big “thank you!” to all team members and spectators for taking time to be a part of the event, keeping the 110 FW an active part of our community. It truly was a great team effort, a lot of fun, and a much appreciated sacrifice of your personal time! If you’d like to be a part of the action next year, look for details on base in May, with the event to take place next September. Until then, shape up with the cup!

## Cup results

### First Place Wins:

5K Time Predict Walk – Nathan Smith, Cheryl Kahler, Kim Gephart, Donna Kowalski

### Second Place Wins:

Spirit Contest – Gina Rodriguez, Patrick Weatherbee, Craig Madden, Dan Arnold, Ben Hubbard

### Third Place Wins:

Swimming – Robin Berry, Kim Gephart, Eric Ely, Daniel Daugherty  
Golf, closest to the pin – Jayne Wilson, Ricky Butcher, Dale Harmon

Banner – Melissa Bagwell, Sheri Vollmerhausen  
4 x 100 Relay – Sonia Calbaugh, Alice Niedergall, Jason Holm, Bryan DeVries

Tug of War – Amber Helsel, Cheryl Kahler, Sheri Vollmerhausen, Suzanne Macomber, Estrella Rodgers, Nathan Smith, Jim Richards, Marvin Young, Jim Trainor, Kelly Black One Mile Time Predict Walk – Robin Berry, Nicole Clark, Melissa LaBruzzy, Dave Ross

## Counseling Benefits

Members of the 110<sup>th</sup> Fighter Wing, over the last couple of years we have been through some trying times. I'm very proud of the manner in which you have conducted yourselves and triumphed over these tribulations. However, please be aware that “stress” does not just go away immediately following a stressful event.

Stress builds up over months and sometimes years. A person would have to be blind to deny that the 110<sup>th</sup> men and women have not faced particularly stressful times over the last several years – starting with 9/11 to multiple deployments, events leading up to the ORI, the ORI and now the “unknowns” associated with BRAC. All of these things add up and can cause physical and emotional problems. Dealing with difficult events and situations, especially over a long period of time, is not something that one person can always handle alone. Know that there is confidential and professional assistance available for you.

All 110<sup>th</sup> members and employees have counseling services available to them. Counseling services that are available for members are those which focus on such issues as normal reactions to abnormal situations (e.g. combat, BRAC, ORI, etc.), marital/couples concerns, work/life balance, grief and loss, adjustment to deployment, stress management and parenting. These services are available for Technicians, AGRs, Traditional Guardsmen and their dependents.

If members would like to use one of these services, but

**See “Counseling” p. 6**



<b>SATURDAY</b>	<b>05 November 2005</b>		
<b>Activity</b>	<b>Location</b>	<b>Time</b>	<b>OPR</b>
<b>BLOCK</b> <b>Ancillary Training</b> (break for lunch 1000-1330)	Bldg 6930 Dining Facility	0830-1000 & 1330-1700	110 MSF/DPT SMSgt Boykins, x3422
<b>Customer Service Hours</b> (MSF, LRS, CF, SFS, FM, and MDG) Includes all medical, Vehicle Decals, ID Cards and Linebadges by appointment	As Applicable	0830- 1200	110 MSF/CC Maj Mansfield, x3229
<b>CDC/PME Testing</b> (As scheduled via TrainTrack thru UTM's)	Bldg 6905 Testing Rm	0845-1200	110 MSF/DPT SMSgt Boykins, x3422
<b>Initial Clothing Issue</b>	Bldg 6914 Room 104E	0900-1500 (by appt)	110 LRS TSgt Hasfjord, x3352
<b>Quant FIT Testing</b> "Gas Mask"	Bldg 6930 Room 118	0900-1100	110 MDS/Bio-Enviro MSgt Mergener, x3416
<b>STU-III Responsible Officer Training</b>	Bldg 6900 Cmptr Rm 2	0900-1000	110 CF TSgt Lucas
<b>Immunizations</b>	Bldg 6930 Med Sqdn	0900-1100	MDG CMSgt Gephart, x3212
<b>3AOX1 Upgrade Training</b>	Bldg 6900 Cmptr Rm 1	0930-1130	110 CF SSgt Bowling, x3200
<b>COMSEC Responsible Officer Training</b>	Bldg 6900 Cmptr Rm 2	1000-1100	110 CF TSgt Lucas
<b>Dining Facility Hours</b>	Bldg 6930	1100-1300	110 SVF Capt Perialas, x3266
<b>CLEP/DANTES Testing</b> (as scheduled in TrainTrack)	Bldg 6905 Testing Rm	1200-1500	110 MSF/DPT MSgt Wiechertjes, x3435
<b>Human Relations Education (HRE)</b>	TBA	1230-1430	FW/MEO Lt. Poston, x3384
<b>Family F.I.R.S.T. Meeting</b>	Bldg. 6905 Room 106	1300-1400	Family Program Robin Berry, x3493
<b>Base Education &amp; Training Managers Quarterly Mtg</b>	Bldg 6905 Testing Room	1400-1500	110 MSF/DPT SMSgt Boykins, x3422
<b>UDM/Deployment Process Working Group Meeting</b>	AROM	1500-1600	110 LS/LGRR MSgt Combs, x3353
<b>Multimedia 101</b>	Bldg 6900 Cmptr Rm 1	1500-1600	110 CF/Multimedia MSgt Ulm, x3385
<b>Protestant Services</b>	Bldg 6909 Stu Flt	1600-1630	Chaplain Office Chaplain Shambach, x3371
<b>Honor Guard Training</b>	Bldg. 6930 Dining Facility	1615-1700	Honor Guard NCOIC MSgt Morse, x3297



## Chief crews son's first flight

Chief Master Sgt. Tom Stoner had the opportunity to launch one of the Wing's newest pilots on his inaugural flight with the unit on Sept. 9.

Stoner, the Maintenance Ops Flight Superintendent had to actually get trained and certified to launch the A-10, but it was definitely worth it: the new pilot was his son, 1st. Lt. Jeremy Stoner.

"It was the highlight of my career," said Stoner, who has more than 35 years experience in the ANG.

The younger Stoner knew that his dad was going to be out to watch the launch, a culmination of about two years training and preparation, but was surprised to see his dad as the crew chief.

<b>SUNDAY</b>	<b>06 November 2005</b>		
<b>Activity</b>	<b>Location</b>	<b>Time</b>	<b>OPR</b>
<b>Wing Commander's Call</b> <b>0745-0845:</b> <i>AMXS/MSG/OG/MOF/SVF</i> <b>0850-0950:</b> <i>MXS/LRS</i> <b>0955-1055:</b> <i>FW/MSG/MDG</i>	Bldg 6930 Dining Facility	See Schedule to left	110 FW/CC Col Seidel, x3221
<b>Customer Service Hours</b> <i>(MSF, LRS, CF, SFS, FM, and MDG)</i> <i>Includes all medical, Vehicle Decals,</i> <i>ID Cards and Linebadges by</i> <i>appointment</i>	As Applicable	0900-1100	110 MSF/CC Maj Mansfield, x3229
<b>DP Training - DCG</b>	Bldg 6909 DP Clsrm	0900-1100	110 CES/CEX MSgt Frantz, x3381
<b>LMR Training</b>	Bldg 6917	0900-1000	110 CF MSgt Blaskie, x3409
<b>Junior Enlisted Advisory Council Meeting</b>	Bldg 6905 Wing Conf Rm	0900-1000	Council President SSgt Weiting, x3305
<b>Replacement Clothing Issue</b>	Bldg 6914 Rm 104E	0900-1100	110 LRS SSgt Johnson, x3352
<b>Senior Enlisted Advisory Council Meeting</b>	Bldg 6905 Wing Conf Rm	1015-1115	Council President SMSgt Shulte, x3528
<b>Mass Re-enlistments</b>	Bldg 6905 MSF Testing Rm	1100-1200	MSF/DPMP MSgt Schott, x3209
<b>Company Grade Officers Council Meeting/Lunch</b>	Bldg 6930 MDS Conf Rm	1100-1200	Council President Lt Black, x3222
<b>Dining Facility</b>	Bldg. 6930 Dining Facility	1100-1300	Services Flight Capt Perialas, x3266
<b>Newcomers Orientation</b>	Bldg 6909 Student Flight	1130-1630	MSF/Retention Off MSgt Nelson, x3205
<b>Chief's Council</b> <i>(AOY Boards)</i>	Bldg 6905 Wing Conf Rm	1130-1230	Council President CMSgt Carlson, x3311
<b>Support Flying Ops &amp; Document In-House AFSC Training</b>	Base wide	1200-1600	UTA Planning & UTMs Maj Mansfield, x3229
<b>Fitness Training</b>	Bldg 6930 Dining Fac	1330, 1430, & 1530	CMSgt Gephart, x3212 SMSgt Shankelton, x3294
<b>Wing CC's UTA Hotwash</b>	Bldg 6905 Wing Conf Rm	1600-1700	FW/CC, Col Seidel, x3221

## Wing staff job openings

**M**EEO office is looking for an energetic and self motivated individual to fill the traditional guard NCO position. Authorized up to the rank of Master Sergeant, the incumbent will be required to have or obtain the personnel and MEO AFSC. Additionally, candidates must already hold a 5-level in any AFSC. The duties will include the personnel administrative functions of the office, facilitation of Human Relations and Prevention of Sexual Harassment education, and participation in administering the Drug Testing Program at the base level as well as the geographically separated units. Interested candidates need to contact 2<sup>nd</sup> Lt. Poston in the base MEO Office for more details.

**O**r, Are you looking for a new challenge and a promotion to go with it? Our award winning Command Post needs a leader who is energetic, enthusiastic and ready to work with some of the finest Airmen around. The position is promotable to MSgt, and the technical school is relatively short. Interested applicants should email Col Augustine for more information.

### Counseling, from p.3

are afraid of the stigma that can sometimes go along with seeing a counselor, rest assured, all counseling sessions and participant involvement is confidential. This means that the only people that will have knowledge of an individual's participation in counseling are the counselor and the individual. However, helping agencies are required to report abuse and emergency cases.

Effective 19 Jul 05, Air Force OneSource (AFOS) is offering face-to-face counseling services to Airmen and their dependents. This gives service members and their families access to these services 24 hours-a-day from anywhere in the United States, Puerto Rico and the U.S. Virgin Islands. AFOS will provide referrals for short-term, solution-focused, face-to-face counseling at no cost to all active duty, active or inactive Guard and Reserve, and their immediate families. To access a counselor in your local community, call a trained, licensed AFOS consultant directly 24/7/365 using the toll free number (800) 707-5784. Persons seeking counseling will receive up to six counseling sessions per issue.

Technicians may also utilize the Employee Assistance Program (EAP). The Federal Center in Battle Creek has an EAP representative available, Mr. Don Horner at (269) 961-7153. EAPs are designed to provide such things as free and confidential assessment, short term counseling, referral, and follow-up services to employees.

In closing, if you or a loved one is suffering and feel you may need assistance, please do not hesitate – these service are available and they do not cost you anything. However, trying to “tough” it out has the potential to cost you dearly. This could be a vital opportunity for you and your loved ones. Be fit to fight, continue helping us maintain the high level of readiness and professionalism the 110<sup>th</sup> has a proud heritage of carrying.

## LG Exec Officer position to be filled in Jan

Another opportunity to be commissioned. The 110<sup>th</sup> Maintenance Group Commander will be interviewing to fill the vacant Communication-Information/Executive Officer position, AFSC 33S3. This position works directly for the Maintenance Group Commander. The person selected will be required to attend the six week commissioning school and a follow on basic communications and information officer course of 16 weeks. Individuals must meet all commissioning eligibility requirements prior to selection. Interested personnel should review the qualification requirements found in AFI 36-2105 for AFSC 33S3 and submit a resume to Col. Allen, 110 MXG/CC. Interviews will be conducted during the Jan '06 UTA.

## Human Resource Advisor Vacancy

The Wing Human Resource Advisor position is currently available. Requirements for application are: traditional guardsman, immediately promotable to Senior Master Sgt., and fulfill the criteria listed in ANGI 36-2110, pg 15.

The responsibilities of the Wing HRA are to advise the Wing Commander on issues that lead to the enhancement of the organization's culture to include human resource planning and force management issues. The Wing HRA is the POC for the Diversity Training and the Mentoring program. Read ANGI 36-2110 to learn of the wide range of responsibilities and competencies required for this position. Strong written and verbal skills are a must. The HRA Course is two-weeks in duration, held at McGhee Tyson.

Applications should consist of a current resume and a cover letter with the endorsement of your commander or supervisor. Applications should be submitted to Col. Seidel NLT 3 Dec 05. Interviews will be held during December drill. For more information, call CMSgt Luts at DSN 580-3478 or cell: 269-967-1426

## Promotions:

### Master Sergeant:

McGinnis, Wayne B.	110 FW
Balabuch, Jenny R.	110 FW

### Staff Sergeant:

Bagwell, Melissa E.	110 FW
Stewart, Brian W.	110 MXS
Sullivan, Mathew T.	110 MXS

### Senior Airman:

Burns, Heather R.	172 FS
Foy, Dandrea R.	110 OSF
Hatfield, Shawn L.	110 MXS
Hodgman, Michael W.	110 CES
Jacobs, David M.	110 MXS
Kellogg, Matthew A.	172 FS
Nowicki, Casey R.	110 CES
Struber, Stephen R.	110 AMXS

## Chaplain's Corner by Ch. (Lt. Col.) Greg Van Heukelom



Just the other day a young mother gave me a figurine of a little girl, holding a teddy bear sitting on a chair. On the back of the chair is the prayer: *"Forgive me if I have this day done any wrong in work and play. Oh help me always to do right and bless me every day and night. Amen"*

All gifts have special meaning but this one touches the deepest part of my soul. The little girl is given in memory of a 2 year old angel who went home to Jesus this past winter. For two years the little girl struggled with life, she fought with every ounce she had. There came a time when her mother, through imagery, took her by the hand and offered her to His safe keeping. Shortly thereafter, her imagery came true. Life is short.

How often haven't you heard the words, or said them yourself, "I can not wait till the kids are out of the house" or "I can't stand summer with the kids underfoot." I hear these words and I cringe. Life is fragile and short.

My kids are older; I am almost in the "empty nest" stage of life. But as I have watched them grow, I also see the "holy" in their eyes. We are truly created in the image of God. Life is sacred, short and fragile.

Sitting on my desk, this figurine is a reminder to daily hold on to the blessings that God has given me. How about you, do you see your families as sacred, fragile and time spent as being short? Carpe Diem, seize the day!!!



# 4<sup>th</sup> Annual Road Hawg Race

**PACKET PICKUP  
BEGINS AT 7 A.M.**

**5K/10K Run  
5K Walk**

**COURSE GOES  
THROUGH THE AIR  
BASE, MOSTLY PAVED  
ROADS**

**November 12, 2005 @ 9 a.m.**

## Fees:

**On or Before Oct 31--**

**\$20 per person or \$60 per family of 4**

**After Oct 31--**

**\$25 per person or \$65 per family of 4**

Registration online (small processing fee added) at:

[www.greatlakeschampionship.com](http://www.greatlakeschampionship.com)

or, for more information contact (269)969-3403

or email inquiries to:

[road.hawg.mibatt.af.mil](mailto:road.hawg.mibatt.af.mil)

**ALL PRE-REGISTERED  
ENTRANTS WILL  
RECEIVE A HIGH  
QUALITY LONG SLEEVE  
SHIRT, PRIZES FOR  
EACH AGE GROUP  
WINNERS, AND A  
COMMEMORATIVE  
COIN FOR ALL  
FINISHERS**





## Dining Hall Menu

### Saturday

Meatloaf  
Cajun Catfish  
Mashed Potatoes  
Green Beans  
Corn  
Buttermilk Biscuits  
Cobbler variety  
Cookies

#### Shortline:

Hamburgers  
Cheeseburgers  
Fried Mushrooms  
Fancy Fries

### Sunday

Beef Tacos  
Chicken Burritos  
Refried Beans  
Corn  
Mexican Rice  
Sautéed Peppers  
Brownies  
Chocolate Macaroon  
Cookies

#### Shortline:

Hamburgers  
Cheeseburgers  
Sweet Potato Fries  
Jalapeno Poppers

#### Cost

--Enlisted Traditional Guard members in UTA status-- **FREE**  
--Officers and AGRs -- \$3.50

***\*Menu Subject to Change***

#### Dining Hours:

Saturday & Sunday  
11 a.m. to 1 p.m.

## New Members of the Wing

<b>Airman 1<sup>st</sup> Class GARROD</b> , Thomas P.	MXS
<b>Airman 1<sup>st</sup> Class ROLAND</b> , Joseph	MXS
<b>Airman 1<sup>st</sup> Class TEW III</b> , James	MXS
<b>Senior Airman PRANER</b> , Jennifer D.	MXS
<b>Staff Sgt. BLUMKE</b> , Derek	MXS
<b>Airman Basic KURR</b> , Katilyn	LRS
<b>Airman 1<sup>st</sup> Class GRACE</b> , William	LRS
<b>Staff Sgt. EMMENDORFER</b> , Mark A.	AMXS
<b>Airman 1<sup>st</sup> Class DELNAY</b> , Amanda J.	SVF
<b>Airman 1<sup>st</sup> Class COLBORN</b> , Sherri L.	SVF
<b>Airman 1<sup>st</sup> Class STONER</b> , James	OPS
<b>Senior Airman CLINGERMAN</b> , David N.	OPS
<b>Staff Sgt. PEREZ</b> , Carolina M.	CES
<b>Staff Sgt. STEIN</b> , Jonathan R.	FW
<b>Col. BICKEL</b> , Peter W.	MDG

110 FW/CC  
3545 Mustang Avenue  
Battle Creek, MI 49015-5509

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**U.S. POSTAGE PAID**  
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& Graphics



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